## ABSTRACT OF THE DISCLOSURE

An apparatus, including a processor which processes a request to at least one of access, obtain, change, alter, and modify, information contained in a patient's healthcare record or file, determines whether an individual or entity is authorized to at least one of access, obtain, change, alter, and modify, information contained in the patient's healthcare record or file, and generates a notification report containing information regarding the request, and a transmitter, wherein the transmitter transmits the notification report to a patient communication device of the patient, and further wherein the notification report is transmitted to the patient communication device on or over at least one of the Internet and the World Wide Web or on or over a wireless communication network.